

## ALL DAY MENU

7:30am to 2:00pm

### EGGS YOUR WAY (V)

Poached, fried or scrambled

- Add egg \$3

\$12.5

### TOAST AND PRESERVES (GF/V)

Sourdough/ freedom loaf/ five grain/ gluten free bagel/ loaf, seasonal preserves and curds

\$8

### BACON BUTTY

Streaky bacon, fried egg, caramelised onion, aioli and swiss cheese

\$13

### OMELETTE (GF)

Asparagus, whipped feta, prosciutto, tomato fondue and freedom loaf

\$19.5

### ACAI BOWL (DF/GF/V/VG)

Mixed berries, coconut foam, puffed seeds and grains, and coco nibs

\$17

### PANCAKES (GF/V)

Buttermilk pancakes, banana cream, dark chocolate cremeux, walnut salted caramel and fresh berries

\$20

### CHILLI SCRAMBLE (V)

House-made sambal, shiitake mushrooms, goats cheese, coriander and sourdough

\$21

### BENNY

House-made fry bread, manuka smoked ham, poached eggs, pickled red onions and hollandaise sauce

- Swap salmon

- Swap Mushrooms (V)

\$21

### SIDES

Toast / Egg

\$3

Creamy mushrooms / Broccollini with chilli & garlic / Halloumi/ Avocado

\$6

Bacon / smoked salmon / Fries

\$7

## LUNCH

11:30am to 2:00pm

### CLASSIC BURGER

Beef pattie, cheddar, mustard aioli, lettuce, tomato, red onion and pickles served with fries

\$24

### HERB CRUSTED PORK SCHNITZEL

Cabbage and herb slaw, pickled cucumber, mustard and aioli

\$21

### GNOCCHI (GF)

Potato gnocchi, chicken, chargrilled broccolini, baby spinach with almond and roquette pesto

\$22

### CORNBREAD (V/GF)

Mexican style black bean, salsa, fried egg and manchego cheese

- Add chorizo \$4

\$20

### FISH TACOS

Polenta crumbed fish, avocado puree, cos lettuce, lime chilli salsa and burnt onions

\$23

### GRAINS AND GREENS (VG/GF/\*V)

Quinoa and freekeh, sautéed greens, hummus, pickled vegetables, edamame, boiled egg and tamari seeds

- Add Bacon \$4

- Add Smoked salmon \$4

\$21

We only use free range meats and eggs, sustainable fish, organic milk and the finest quality fresh NZ produce we can find.

Check out our cabinet full of fresh sandwiches and salads. Flavours change daily, available at 10am. Please inform your server of any dietary requirements. Thank you.

\* = Can be vegan

GF= Gluten free

DF = Dairy free

V = Vegetarian

VG = Vegan

